



Gap Year Eligibility

CONSIDER THE FOLLOWING QUESTIONS:

Are you eager to feel more hopeful?

Are you ready to seek a deeper meaning and purpose in life?

Do you wish you felt more deeply connected to the world?

Does an epic quest with a tribe of like-minded adventurers sound fantastic?

Are you curious about what your Core Gift is?

Are you ready to discover your own path in life?

Trek Epic Gap Year Participants must be prepared to commit to being a member of a cohort of between 5 to 8 participants for both the initial trek experience and the culminating advanced trek. They need to also be able to plan and choose an individualized placement or assignment with support of staff prior to the initial trek and to fully participate between treks, including communicating weekly with a peer mentor, and staff. Additionally, they acknowledge a willingness to continue to engage with Trek Epic through the second term of the Gap Year in order to implement what they have experienced and learned.